



gloomy and grey - makes for a picture perfect scene.

Never mind the pouring rain or the slippery steps; as always, seeing the beach makes me smile. According to Man On A Beach, this is the reason he started his project. "Having lived in Cornwall for over 20 years, it became clear to me that almost everyone is happier when they are on the beach. I wanted to know exactly what that enhancing effect of the beach is, so I just asked people. Cornwall is a beautiful place with stunning beaches so it seemed like the perfect place to start," he says.

The stats: since the project began in December 2011, he has visited 120 different Cornish beaches, many of them in all four seasons. He has conducted 537 interviews, which provided him with 421 different answers to the same question. Having divided those answers into different sections (emotional and spiritual, livelihood and occupation, friends and family, sensory, nature, and activities), he's now working together with the European Centre for Environment and Human Health (ECEHH) on research projects, such as one about our relation with the aquatic environment.

All beaches on the website are featured in both a short scene-setting film and an

